APPROVED ONLINE FIELD TRAININGS

These remote learning options are available to all students and may be used to accrue field hours. However, to use these towards field hours, students must get pre-approval from both their field instructor and their faculty liaison.

<u>Virtual Simulation – "Health and Well-being for All": 5 Hours</u>

We are collaborating with the School of Pharmacy in the creation of a new interprofessional simulation experience focused on the social determinants of health, especially related to the issue of obesity. This simulation will provide the participants the opportunity to practice mezzo and macro skills related to developing a community action plan to address community problems.

We are planning to run a pilot session on **Saturday, Nov. 14, 2020, from 9:00 am to 12:30 pm**, via Zoom, to try out the simulation and get feedback from the participants on how effective it was as a learning experience and how it could be improved. The session will be 3.5 hours and there will be an evaluation to complete after the session. You can earn 5 hours of field credit for participating in the session and completing the evaluation.

Please contact Mary Mulvaney, Simulation Coordinator, to sign up! mmulvaney@utexas.edu

Improving Cultural Competency for Behavioral Health Professionals: 5 Hours

Cultural and linguistic competency is recognized as an important strategy for improving the quality of care provided to clients from diverse backgrounds. The goal of this e-learning program is to help behavioral health professionals increase their cultural and linguistic competency.

Details here: https://thinkculturalhealth.hhs.gov/education/behavioral-health?gclid=CjwKCAjwmKLzBRBeEiwACCVihrCTf-z-ciTbHQqhHxk7U-ZQYs taiL7OAZOF8mw5X9Yy950CAtmbhoC368QAvD BwE

Last updated: October 2020

Operation Naloxone: Opioid Overdose Prevention & Response Training: 1 Hour

This Opioid Overdose Prevention & Response Training module was developed to help healthcare providers improve their understanding of Opioid Use Disorder and treatment options to take in the prevention of opioid related overdoses. The activity also provides information on what to do in the emergency case of an actual overdose. In this program, Dr. Hill reviews opioid agonists and historical treatment approaches. He reviews how to identify signs and symptoms of an opioid overdose and reviews the use of naloxone in how it reverses effects of an opioid overdose. Dr. Hill discusses legal issues in regard to the distribution and use of naloxone in prevention and immediate treatment of an overdose, and covers how to work with communities on how to access and use naloxone.

Details here: https://utpharmacyce.learningexpressce.com/index.cfm?fa=view&eventID=18752

Psychological First Aid Online: 6 Hours

PFA online includes a 6-hour interactive course that puts the participant in the role of a provider in a post-disaster scene. This professionally-narrated course is for individuals new to disaster response who want to learn the core goals of PFA, as well as for seasoned practitioners who want a review. It features innovative activities, video demonstrations, and mentor tips from the nation's trauma experts and survivors. PFA online also offers a Learning Community where participants can share about experiences using PFA in the field, receive guidance during times of disaster, and obtain additional resources and training.

Details here: https://learn.nctsn.org/enrol/index.php?id=38

Resilience Skills in a Time of Uncertainty: 10 Hours

We are all facing different and difficult challenges as we confront the COVID-19 pandemic. In order to support you in this time of uncertainty, the University of Pennsylvania is sharing this free and unique version of Dr. Karen Reivich's "Resilience Skills" course from the Specialization Foundations of Positive Psychology.

In this course, you are exposed to the foundational research in resilience, including protective factors such as mental agility and optimism. Several types of resilience interventions are explored including cognitive strategies; strategies to manage anxiety and increase positive emotions such as gratitude; and a critical relationship enhancement skill. Throughout the course, you will hear examples of individuals using resilience skills in their personal and professional lives.

Details here: https://www.coursera.org/learn/resilience-uncertainty?action=enroll

Last updated: October 2020

<u>Telebehavioral Practice Basics for Social Work Educators & Clinicians Responding</u> to COVID-19: 2 Hours

The Indiana University School of Social Work is providing this rapid introduction for the delivery of technology-mediated services. The course provides basic information on risk management, ethical principles, and strategies/skills needed for the delivery of telebehavioral health services. *Certificate available.*

Details here: https://expand.iu.edu/browse/socialwork/courses/telehealth-basics-for-social-work-educators-behavioral-health-clinicians-responding-to-covid-19

Last updated: October 2020